

# Best Practice Standard Operating Procedures for National Level Return to Badminton Post Covid-19



The BWF has been closely following the gradual global return to badminton practice and below you will find a number of best practice procedures we have drawn from various countries who have already returned to indoor badminton.

The list is designed as guide which could potentially be useful for countries currently considering a return to indoor badminton. The document could also be of assistance in demonstrating to authorities that badminton is a sport that can be practiced in relative safety within government guidelines.

In providing these guidelines, we recommend every Member Association to work closely with local health and sports authorities. This will ensure that your approach is within the framework of national guidelines relevant to the local situation in your country.

---

## 1. General guidelines for AirBadminton/outdoor badminton

- a. Recommended outdoor facilities: parks, outdoor badminton court or public beaches.
- b. Small group of less than 10 people.
- c. Social distancing should be maintained at all time during the session.
- d. More than one court can be set up as long as social distancing guidelines can be met.
- e. Singles is the recommended playing format. Doubles can be played if both players in a pair are from the same household.
- f. For outdoor coaching, the recommended maximum number of players is four per court (4) players and 1 coach. Observing the social distancing guidelines.

---

## 2. General guidelines for indoor badminton

- a. Singles is the recommended playing format to observe social distancing.
- b. No more than 2 people on 1 court at any time
- c. One to one coaching session is recommended.
- d. Small group of less than 10 people (including coaches) in an area of 350m<sup>2</sup>.
- e. Use alternate courts for training sessions.
- f. Social distancing should be maintained at all time during the session.
- g. Individuals not on the court or any equipment not in use should be at least 2 metres away from the court.

---

## 3. General guidelines for training sessions

- a. Warm-up and cool down should be done individually.
- b. Warm-up, cool down and fitness training are recommended to be done outdoors where possible.
- c. It is advisable to arrive and leave the training session within 5 minutes.

# Best Practice Standard Operating Procedures for National Level Return to Badminton Post Covid-19



- d. Social distancing need to be practiced at all times.
  - e. Individuals should practice all guidance on hygiene, such as washing hands thoroughly before and after each training session.
  - f. No traditional "Hand Shake" or directly contact between players.
  - g. It is recommended to wear face mask before and after the session.
- 

## 4. General guidelines for equipment handling

- a. Players should bring along their own equipment such as racquet, shuttlecocks, shoes and water bottle.
  - b. Sharing of personal equipment is not recommended.
  - c. Should there be a need to share any personal equipment, the equipment needs to be disinfected properly after every single use.
  - d. Minimise the sharing of shuttlecock. It is recommended to allocate a quantity of shuttlecocks for each player.
  - e. Each player is recommended to mark their allocated/own shuttlecock for easier recognition.
  - f. Avoid touching the shuttlecocks if possible. Should there be a need to handle the shuttlecock such as serving or picking up the shuttles from the ground, only handle those that have been marked as your own. (with the exception of when playing with people from your own household)
  - g. It is recommended to pick up the shuttlecocks using the racquet.
  - h. Individuals should practice all guidance on hygiene, such as washing hands thoroughly before and after use and ensure that the equipment is disinfected after use, including racquets and water bottles.
- 

## 5. General guidelines for facilities operators

- a. It is advisable to have only one (1) access point for entry and exit. Taking into consideration the entrance and exit movement of the different groups.
- b. Booking of courts should be done in advance for easier coordination on the entrance and exit movement of the different groups.
- c. It is recommended to have adequate time in between bookings to sanitise and disinfect the courts before and after every usage.
- d. Alternate courts to be used.
- e. Hand sanitisers should be made available at the entrance and notice on proper sanitation guidelines should be displayed.
- f. It is advisable to keep windows open wherever possible and avoid the usage of air conditioning for better ventilation.
- g. Social distancing guidelines should be implemented at all times.
- h. Sanitisation and disinfection of the facilities should be done frequently and it is recommended to keep a record of every sanitisation and disinfection process.
- i. Usage of changing and shower facilities are discouraged.

# Best Practice Standard Operating Procedures for National Level Return to Badminton Post Covid-19



- j. It is recommended to record all individuals using the facilities (arriving and leaving), record should include a body temperature check and contact information.
- k. Individuals that shows symptoms such as coughing or fever (37.3°C or more) should be advise to go home immediately.

***Note: Always refer to Local Government health recommendations/regulations before implementing any of the guidelines above.***

---

## References:

- o [Badminton England Return to Play Guidance Roadmap](#)
  - o [Badminton England Outdoor Badminton Guidance](#)
  - o [FFBaD Return to Indoor Badminton](#)
  - o [Malaysian National Security Council Sports and Recreation Sector General Protocol](#)
  - o [Malaysian National Security Council Sports Sector: Road to Tokyo General Protocol](#)
  - o [Sports Authority India Standard Operating Procedure for Sports Activities](#)
  - o [Swiss Badminton Protection Concept](#)
  - o [Badminton Denmark and DGI Badminton recommendations for outdoor badminton training](#)
-